

Adult Special Interest



Keep it Herbal - Fall Detox

(Ages: 18 yrs to Adult)

Detoxification takes place on many levels in the body. This class addresses issues such as Medication overload, Heavy metals, Candida/Yeast overgrowth, Parasites, Pesticides/Insecticides, In addition to other daily exposures to toxins. The class teaches several ways to detox naturally with food, herbs and simple environmental changes.

4682.330 Tue, Oct 14 6:30pm-7:45pm
\$34 City, \$39 Non-City Resident

Keep it Green Herbal Remedies

(Ages: 18 yrs to Adult)

This class teaches the direct link between illness and over acid conditions in the body. The information provided will help the individual evaluate their Acid/Alkaline Ph condition as well as the physical and emotional connections to unbalanced health and learn how the guidelines of Mother Nature will bring it back into harmony for ideal energized health.

4682.330 Tue, Sep 23 6:30pm-7:45pm
\$34 City, \$39 Non-City Resident

Herbal Kitchen - First Aid

(Ages: 18 yrs to Adult)

Learn how your spices can come to the rescue! This class will teach you how to use your kitchen seasonings for first aid remedies. Discussions on the spices properties will show you how they will benefit your family's first aid kit.

4682.335 Tue, Oct 28 6:30pm-7:45pm
\$34 City, \$39 Non-City Resident

Herbal Christmas Basket

(Ages: 18 yrs to Adult)

This is "hands on" making herbal remedies for a gift basket. We will make herbal salves, lip balm and glycerin herbal soap for an old-fashioned Christmas gift basket. Very fun class, sign up today space limited! Teacher supplies everything.

4682.331 Tue, Nov 25 6:30pm-8:00pm
4682.332 Tue, Dec 9 6:30pm-8:00pm
\$43 City, \$48 Non-City Resident

Classes held at Keep it Green Herbal Remedies - 609 Jett Street, Fredericksburg, VA 22405

Instructor: JoAnna Cassidy-Farrell

Registration begins: 8/25 City 9/2 Non-City

RAD for Adults

(Ages: 16 yrs to Adult)

This important "hands-on" program, brought to us by the Fredericksburg Police Department, will give you some safety tips and teach you valuable defense tactics to use should you ever be attacked. You'll learn how and where to kick and hit, and when and what to yell. Gain self-confidence and feel safer knowing that you know how to protect yourself should danger arise.

2511.211 Mon, Oct 20 - Nov 10 7:00pm-9:00pm
4 Week Session

\$12 City and Non-City Residents
Instructor: Shelia Jones

Fredericksburg Police Department

Registration begins: 8/25 City 9/2 Non-City

We have
RAD for Kids
too! See
page 16!

ADULT SPECIAL INTEREST CONTINUED...



First Aid Certification

(Ages: 14 yrs to Adult)

This course will cover the basics of First Aid for adult, children and infants. Take one day and be prepared to take care of your family and friends in an emergency. Upon completion of the written test you will receive certification for this class. *Optional books may be purchased for \$14.

2110.325	Fri, Sep 26	9:30am-1:30pm
2110.307	Wed, Oct 15	9:30am-1:30pm
2110.309	Fri, Nov 21	9:30am-1:30pm
2110.333	Mon, Dec 22	9:30am-1:30pm

Dorothy Hart Community Center

\$35 City and Non-City Resident

Instructor: Tim Carpenter

Registration begins: 8/25 City 9/2 Non-City

Stop Smoking

(Ages: 16 yrs to Adult)

This time you're going to quit smoking for good! Nancie Harris, a registered hypnotist for behavior modification, will help you quit without withdrawal symptoms, chemicals or medication, using relaxation and behavior modification techniques. Nancie will teach you the new behavior skills to get rid of your addiction. Hypnosis, although NOT a magic potion, is one way to help you keep an even keel, put yourself first, and quit smoking for good. Why not give it a try? Class size is limited.

2460.104	Mon, Sep 15	7:00pm-9:00pm
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1 Session each

\$35 City, \$40 Non-City Resident

Dorothy Hart Community Center

Instructor: Nancie Harris

Registration begins: 8/25 City 9/2 Non-City

**Classes fill on a first-come,
first-served basis. Spaces are
limited...don't wait to register.**

CPR/AED

(Ages: 14 yrs to Adult)

Would you be able to help someone you love if they needed CPR? Don't wait until it's too late to find out! This class will give you the skills you will need to provide basic care for breathing and cardiac emergencies, and perform cardiopulmonary resuscitation until advanced medical personnel arrive. You will also be trained to use an Automated External Defibrillator (AED). AED's greatly increase the survival rate from cardiac arrest and are rapidly becoming an essential part of response at all levels. AED's can deliver a life-saving electrical shock and you can learn to operate them and save a life. That's a lot of peace of mind!



2110.301	Fri, Sep 26	2:00pm-6:00pm
2110.408	Wed, Oct 15	2:00pm-6:00pm
2110.420	Fri, Nov 21	2:00pm-6:00pm
2111.312	Sat, Nov 22	9:30am-1:30pm
2111.313	Sat, Dec 6	9:30am-1:30pm
2110.421	Mon, Dec 22	2:00pm-6:00pm

Dorothy Hart Community Center

\$35 City and Non-City Resident

Instructor: Tim Carpenter

Registration begins: 8/25 City 9/2 Non-City

Heart Saver CPR and First Aid Certification

(Ages: 14 yrs to Adult)

This course covers it all: child/infant and adult CPR and basic first aid. Take one day and be prepared to take care of your family and friends in an emergency. Certification card upon successful completion of course & test. Optional books may be purchased for \$15. Students need to bring a bag lunch.

2110.320	Wed, Oct 29	9:30am-3:30pm
2110.321	Wed, Nov 26	9:30am-3:30pm
2110.335	Wed, Dec 10	9:30am-3:30pm
2110.333	Mon, Dec 22	9:30am-3:30pm

Dorothy Hart Community Center

\$45 City and Non-City Resident

Instructor: Tim Carpenter

Registration begins: 8/25 City 9/2 Non-City

ADULT SPECIAL INTEREST CONTINUED...



LB's Cooking Classes

(Ages: 16 yrs to Adult)

Just as Fine Food Restaurants incorporate seasonal dishes on to their menus, so shall we. During the next few months, join our fun foodie group as we will feature menus that embrace the season. Taste all of the food that is prepared in this hands-on recreational cooking class, receive a copy of the recipes, and make new friends!

Receive a 50% discount coupon for 1 class when you register for 2 classes at regular price.

1 Session each. Sign up for one or as many as you like.

\$28 City, \$33 Non-City Resident per class.

Receive a 50% discount coupon for 1 class when you register for 2 classes at regular price.

Food is included in the price of the class.

Classes held at the Dorothy Hart Community Center

Instructor: Laurie Gills

Registration begins: 8/25City 9/2 Non-City

Fall Fun

Let's have some fun! Spicy Hot, Three Cheese Chiles Rellenos with a Creamy Walnut Sauce, Crispy Tortilla Soup, and a Cinnamon Garbanzo Cake with Pineapple!! Mmmmmmmmmmmmmmmmm

4010.103 Wed, Oct 29 6:00pm-8:00pm

Impressive Brunch Menu

Be a hit with friends and family as you learn how to make some of the most impressive foods served during brunch time. Including Breakfast Strudel with Smoked Ham, Potato and Apple Galette, Cigar Crepe's with Orange Butter, and Warm Caramel Chocolate Bar Filled Croissants.

4010.120 Wed, Nov 19 6:00pm-8:00pm

Super Sides

Super Sides! Warm and Crisp Goat Cheese Salad with Grilled Toast, Mini Meat Calzones, Creamy Parmesan Spinach with Everything Bagel Croutons, and Special Squash and Chard Crepes! Let's eat!!

4010.101 Wed, Oct 1 6:00pm-8:00pm

The Art & Pleasure of Afternoon Tea

Learn how to make the perfect pot of tea from an assortment of fine teas. Enjoy and discover keepsake recipes such as Royal Banana Bread, Butter Pudding, Butter Scones, Egg Florentine, and Mini Cornish Pastries.

4010.300 Wed, Oct 15 6:00pm-8:00pm

Winter's Arrival

Soups on, featuring LB's Baby Gnocchi and kale Soup, Ultimate Black Bean soup and Winter Squash. Perfect Pasta Dishes to warm the soul, Hearty Chicken recipes featuring the ultimate skinless Oven-Fried Chicken, and the best Turkey leftover recipes you'll want to keep forever.

4010.126 Wed, Nov 28 6:00pm-8:00pm



ADULT SPECIAL INTEREST CONTINUED...



Ribbed Italian Orange Basket

(Ages: 12 yrs to Adult)

Create a round frame for both the rim and the base of the basket. Set ribs on three (3) sides. Weave continuously under/over to finish the basket. Add color with dye.

4043.103 Sat, Dec 13 9:00am-1:15pm

1 Week Session

\$32 City, \$37 Non-City Resident

Fall Wreath Class

(Ages: 12 yrs to Adult)

Using a woven grape vine wreath as a base, add other natural fibers such as staghorn sumac seeds, pine cones, bean seed pods, acorns, magnolia seeds, etc to create a wonderful fall wreath.

4043.102 Sat, Sep 27 9:00am-12:00pm

\$25 City, \$30 Non-City Resident

Ribben Melon Basket

(Ages: 13 yrs to Adult)

This is the starting point for other ribbed baskets. Learn how to create the handle, base, and rim with round reed. Weave two God's eyes, to secure the handle to the rime, set ribs, and weave continuous under/over to finish. Color with dye. Supply fee is \$11.

4043.210 Sat, Sep 13 9:00am-1:15pm

\$32 City, \$37 Non-City Resident

Skinny Halloween Basket

(Ages: 12 yrs to Adult)

This is a small skinny market basket suitable for holding your office tools on your desk. The bottom is plaited, the sides are start/stop, and the rim is lashed on around a skinny oak handle. Dye orange and add a jack-o-lantern face if you dare! There is an additional \$15.00 supply fee for this class.

4043.105 Sat, Oct 11 9:00am-12:00pm

1 Week Session

\$21 City, \$26 Non-City

Ribbed Potato Basket

(Ages: 16 yrs to Adult)

Continue working on your ribbed basket skills. The student will also learn how to create a round rim and a half round frame attached by a God's eye. We will set the ribs and then weave under/over to complete the basket. Add color with dye.

4043.312 Sat, Nov 15 9:00am-1:15pm

\$25 City, \$30 Non-City Resident

1 session each

Dorothy Hart Community Center

Instructor: Debby Wells

Registration begins: 8/25 City 9/2 Non-City

Introduction to Singing

(Ages: 14 yrs to Adult)

Ready for easy singing, learning, and fun? Wish you could do something with printed music? Want some tips on how to better use your particular voice? Want to contribute more to your church, school, or community choir? It's all here in digestible doses! You get printed materials, exercises to try out at class and during the week, simple sings, and friendly individual feedback. Each week you'll learn more of what printed music is telling us. Materials fee is \$11.00. Instructor is Karen Kallay, Director of Historyland Barbershop Chorus and a local piano and vocal coach.

4752.410 Thur, Sep 16 - Oct 21 6:30pm-7:20pm

4752.411 Thur, Nov 4 - Dec 9 6:30pm-7:20pm

6 Week Session

\$30 City, \$35 Non-City Resident

Instructor: Karen Kallay



Dorothy Hart Community Center

Registration begins: 8/25 City 9/2 Non-City

ADULT SPECIAL INTEREST CONTINUED...



Working with Acrylics

(Ages: 16 yrs to Adult)

A nice class to start the week off with. You will learn about mixing paints, drawing, preparing paint surfaces and basic techniques. Whether you are just beginning or have some experience with acrylics, Ed will work with you to inspire your creativity. No experience necessary, just come ready to paint.

4035.110	Mon, Sep 15 - Oct 6	10:00am-12:00pm
4035.111	Mon, Oct 20 - Nov 10	10:00am-12:00pm
4035.112	Mon, Nov 24 - Dec 15	10:00am-12:00pm

4 Week Session

\$40 City, \$54 Non-City Resident

Instructor: Ed King

Dorothy Hart Community Center

Registration begins: 8/25 City 9/2 Non-City

Spanish for Beginners

(Ages: 18 yrs to Adult)

Spanish is growing fast these days, so don't miss your chance to learn some of the basic phrases and sentences. Nancy, the instructor, will introduce you to the basics to help you in the work place or just in every day conversation. No class October 8.

4490.105	Mon, Sep 8 - Oct 27	6:30pm-7:30pm
4490.106	Thur, Sep 4 - Oct 16	6:30pm-7:30pm
4490.302	Mon, Nov 3 - Dec 15	6:30pm-7:30pm
4490.405	Thur, Oct 23 - Dec 11	6:30pm-7:30pm

7 Week Session (No class 10/8 or 11/27)

\$60 City, \$65 Non-City Resident

Dorothy Hart Community Center

Instructor: Nancy Hudson

Registration begins: 8/25 City 9/2 Non-City

Ooops! We are human...

Our editors have worked hard to ensure accuracy within our publication. We apologize if something has slipped past our editors. Please call us with any questions.

Drawing I

(Ages: 16 yrs to Adult)

Always wanted to draw, but never took the time? Come to Nancie's class and learn a new talent or continue the one you have. You will be learning the basics of 3-D drawing. See supply list below.

4012.105	Thur, Sep 11 - Oct 2	10:00am-12:00pm
Held at the Dorothy Hart Community Center		
4012.129	Thur, Sep 11 - Oct 2	7:00pm-9:00pm

4 Week Sessions each

\$41 City, \$46 Non-City Resident

Instructor: Nancie Harris

Registration begins: 8/25 City 9/2 Non-City

Nancie's Drawing Class Supply List: one 18" x 24" newsprint drawing pad, two #2 pencils, two #3 pencils, one hand held pencil sharpener, and one ink pen.

Drawing II

(Ages: 16 yrs to Adult)

For those of you who have completed Drawing I or have drawing experience. We'll improve your techniques and learn more secrets to making a drawing come to life. We will also incorporate ink into our drawings. Come ready to draw! See supply list above.

4012.123	Thur, Oct 16 - Nov 6	10:00am-12:00pm
4012.128	Thur, Oct 16 - Nov 6	7:00pm-9:00pm

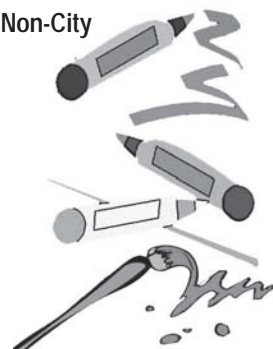
4 Week Sessions each

\$41 City, \$46 Non-City Resident

Dorothy Hart Community center

Instructor: Nancie Harris

Registration begins: 8/25 City 9/2 Non-City





Watercolor I

(Ages: 16 yrs to Adult)

Get to know the artist within you. Learn the basics of this beautiful medium with artist Nancie Harris. Find your particular style and feel your creative energy flow as you learn how to begin painting your own watercolors. Each student will work on 4 pieces throughout the course. Pick up a supply list when you register. No class November 20. See supply list below.

4031.101 Tue, Sep 9 - Sep 30 10:00am-12:00pm
4031.105 Tue, Sep 9 - Sep 30 7:00pm-9:00pm
4031.130 Tue, Nov 18 - Dec 9 10:00am-12:00pm
4031.131 Tue, Nov 18 - Dec 9 7:00pm-9:00pm

4 Week Sessions each

\$41 City, \$46 Non-City Resident

Dorothy Hart Community Center

Instructor: Nancie Harris

Registration begins: 8/25 City 9/2 Non-City

Nancie's Watercolor Class Supply List:

Basic Watercolor Set, Medium Brush (1"), Large Brush (2"), Detail Brush, Palette, 140 weight watercolor paper. *If you bring a watercolor tablet it must be larger than a 9" x 12" tablet.

Watercolor II



(Ages: 16 yrs to Adult)

For those of you who have taken Nancie's Watercolor I class or have some watercolor experience and want to continue with your painting. Paint with confidence as your skills

continue to improve and you share your work with others. Come ready to paint! See supply list above.

4031.103 Tue, Oct 14 - Nov 4 10:00am-12:00pm
4031.106 Tue, Oct 14 - Nov 4 7:00pm-9:00pm

4 Week Sessions each

\$41 City, \$46 Non-City Resident

Dorothy Hart Community Center

Instructor: Nancie Harris

Registration begins: 8/25 City 9/2 Non-City

Acrylics I

(Ages: 16 yrs to Adult)

This easy, portable art will offer even beginning artists a chance to express themselves with paint. We'll look at basic acrylic techniques, try an acrylic collage, a wash, and even a still life. Make this the year you try something new and creative. No experience necessary.



4035.126 Wed, Oct 15 - Nov 5 10:00am-12:00pm
4035.127 Wed, Oct 15 - Nov 5 7:00pm-9:00pm

4 Week Sessions each

\$41 City, \$46 Non-City Resident

Dorothy Hart Community Center

Instructor: Nancie Harris

Registration begins: 8/25 City 9/2 Non-City

Nancie's Acrylics Class Supply List: Starter set, small, medium, large brush, basic colors, 24" x 22" canvas to start with and palette.

Acrylics II

(Ages: 16 yrs to Adult)

For those of you who have some experience working with acrylic paints or have taken Nancie's first session. This class will help you continue to explore your creativity and ability to work in this wonderfully portable and easy art form. Each student will continue to work at his/her pace to complete different projects.

4035.120 Wed, Sep 10 - Oct 1 10:00am-12:00pm
4035.128 Wed, Nov 12 - Dec 10 10:00am-12:00pm
4035.121 Wed, Sep 10 - Oct 1 7:00pm-9:00pm
4035.129 Wed, Nov 12 - Dec 10 7:00pm-9:00pm

4 Week Session

\$41 City, \$46 Non-City Resident

Dorothy Hart Community Center

Instructor: Nancie Harris

Registration begins: 8/25 City 9/2 Non-City

ADULT SPECIAL INTEREST CONTINUED...

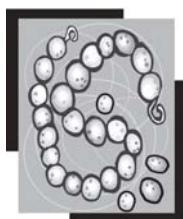


Polymer Clay - Holiday Jewelry

(Ages: 12 yrs to Adult)

Do you ever find yourself in a craft store looking at those solid, small and magnificently colored blocks of polymer clay and wondered what in the world could you do with them? This is a great class for your child to try something new! It is perfect for making unique jewelry that is as different as you are, and giving it as a gift says something about how you feel about that person receiving it. Supplies are included. What to learn more? Join the class and maybe even start your own jewelry business!

4023.105 Tue/Thur, Dec 2 - Dec 11
7:00pm-9:00pm
2 Week Session
\$45 City, \$50 Non-City Resident
Nancie Harris' Mind & Body Studio, 526-2
Wolfe Street
Instructor: Nancie Harris
Registration begins: 8/25 City 9/2 Non-City



Everyday Sewing Skills

(Ages: 16 yrs to Adult)

This class is for anyone who needs to sew on a button, hem a pair of pants, or alter clothing. Did you get a sewing machine as a gift and don't know the first thing about it? Then this class is for you!

4024.302 Thur, Sep 4 - Sep 25 7:00pm-9:00pm
4024.304 Thur, Oc 9 - Oct 30 7:00pm-9:00pm
4024.307 Thur, Nov 6 - Dec 4 7:00pm-9:00pm
4 Week Session
Dorothy Hart Community Center
\$55 City and Non-City Residents
Instructor: Shirley Carlson
Registration begins: 8/25 City 9/2 Non-City

Parent-Child Basic Sewing Skills

(Ages: 7 yrs to Adult)

Class is designed for parents and children to learn basic sewing skills together in a guided environment.

4024.202 Thur, Sep 4 - Sep 25 5:00pm-7:00pm
5063.101 Thur, Oct 9 - Oct 30 5:00pm-7:00pm
5063.103 Thur, Nov 6 - Nov 27 5:00pm-7:00pm
4 Week Session
Dorothy Hart Community Center
\$40 City, \$45 Non-City Resident
Instructor: Shirley Carlson
Registration begins: 8/25 City 9/2 Non-City



Feeling Crafty? Check out These Events!



SATURDAY, OCTOBER 4, 2008
8:00AM - 2:00PM

Hunkamp Park
downtown Fredericksburg, Virginia

See page 53 & 54 for info!

Crochet Basics

(Ages: 12yrs to Adult)

All supplies included! Just bring yourself and learn how to crochet. Learn the basic stitches and leave our class well on you way to making gifts for family, friends, or for yourself. Advanced beginners are always welcome.

5063.411 Mon, Sep 15 - Oct 6 5:30pm-7:00pm
5063.109 Mon, Oct 20 - Nov 10 5:30pm-7:00pm
4 week session

\$20 City, \$25 Non-City Resident
Dorothy Hart Community Center
Instructor: Lois Landers
Registration begins: 8/25 City 9/2 Non-City

Pendant & Earring Jewelry

(Ages: 12 yrs to Adult)

What to learn how to make jewelry? Well this class is for you! Introduction to jewelry making using copper wire. Class will also teach grooving technique for cabochon glass. Participants will need wire cutters, chain nose, pliers, round nose pliers. All items are available at Michael's

4023.410 Mon, Sep 22 7:00pm-9:00pm
4023.411 Mon, Oct 20 7:00pm-9:00pm
4023.412 Mon, Nov 17 7:00pm-9:00pm
\$55 City, \$60 Non-City Resident
Dorothy Hart Community Center
Instructor: Parks & Rec Staff
Registration begins: 8/25 City 9/2 Non-City

ADULT SPECIAL INTEREST CONTINUED...



Basic Dog Manners

(Ages: 16 yrs to Adult)

Using positive reinforcement methods based on current learning theory and behavior modification techniques, we will teach YOU to teach the dog to respond to your commands of : Come, Sit (and Stay) Down (and Stay) and Heel. We will begin teaching the skills dogs need to pass the AKC Canine Good Citizen test. Dogs of all ages and sizes are welcome, but the dog must be at least 14 wks old and have had at least 2 of 4 puppy vaccinations. Participants in all classes must show current veterinary vaccination at first night's orientation. Positive reinforcement methods only. We will learn to use a clicker. Dogs attend ALL five classes. Students will receive a copy of Sarah's book with written homework and dog behavior discussions. Festive graduation and more! Please request a supply list and class orientation sheet when you register. All classes held at Dog Krazy with your dogs!



FREDERICKSBURG DOG FESTIVAL



SUNDAY, OCTOBER 5, 2008

Hurkamp Park

Downtown Fredericksburg

Raindate: October 12th



Sponsored by
Fredericksburg Parks & Recreation
Call (540) 372-1086 ext. 0 for info



Canine Good Citizen

(Ages: 16 yr to Adult)

Heard about the new American Kennel Club award for mixed breeds, pure breeds, and ALL well-behaved dogs? Your dog wants to be a Good Citizen! The Canine Good Citizen training will teach you why and how to become an AKC Canine Good Citizen You and your canine companion will learn techniques for training (loose lead walking, not jumping up, come, sit-stay, down-stay), hints for passing the AKC CGC test, goals to be set for you and your dog and how to get and keep the dog's attention on YOU. We will practice ten obedience tasks of the AKC CGC test in class, take the CGC test in class, and we will take the CDC test as our graduation exercise. ALL non-aggressive dogs welcome- you do not need to have completed the basic dog manners course, but dogs should know the commands; sit, down, come and have mastered loose lead walking. Please request a supply list and class orientation sheet when you register.



Classes held at Dog Krazy

Dog Krazy is located at 1013 Caroline Street in downtown Fredericksburg. Follow William St. to Caroline St.. Turn left onto Caroline.

Please do not call Dog Krazy with questions pertaining to these classes, even cancellation information. Register at the Community Center, not the store. Call 372-1086 ext. 208 or ext. 0 for info.

How to Find The Dog of your Dreams

(Ages: 16 yrs to Adult)

How to find the dog of your dreams: Perfect Puppies. Ready rescuers look before your leap. A dog is for life. If you're very blessed the dog you bring home today will live with you, love you, depend on you for every breath, every command, every happiness for up to sixteen or more years. Bring all your questions about how to choose the right tiny pup or be ready for rescue older dog. Learn to interview a breeder. Get ready to surf the web for rescue dogs who need you. We will discuss any breed you have on your mind. Join us for a night of dog-finding informational fun!

4311.310 Thur, Nov 11 7:00pm-8:30pm
1 Session at the Dorothy Hart Community Center
\$17 City and Non-City Resident
Instructor: Sarah Ferrell
Registration begins: 8/25 City 9/2 Non-City

4320.301 Wed, Dec 10 7:00pm-9:00pm
1 Week Session
\$25 City, \$30 Non-City Resident
Dog Krazy, 1013 Caroline Street
Instructor: Sarah Ferrell
Registration begins: 8/25 City 9/2 Non-City

ADULT SPECIAL INTEREST CONTINUED...



Ready-Steady-Train! Manners are Fundamental

(Ages: 16 yrs to Adult) Ready to train your dog, but don't have the time to attend a weekly class? Need help mastering the skills you wish you had to train your own dog at home? If you and your dog have one evening to watch, practice and master the basics of positive reinforcement, this is the class you have been waiting to attend. Join Sarah for a fun and fact filled eveing to teach you basis dog manners skills: Sit! Down! No Jump! Come! Easy! No pull! Touch! Go to your place! Watch me! It will change the way you and your dog live!

4311.306 Wed, Oct 22 7:00pm-8:30pm
\$25 City and Non-City Resident
Dog Krazy, 1013 Caroline Street Instructor: Sarah Ferrell
Registration begins: 8/25 City 9/2 Non-City

Got Dog Problems? Sarah Has Answers!

(Ages: 16 yrs to Adult) Do you wonder why Bongo wee-wees behind dinning room table? Has Esmeralda chewed up all your shoes and your underwear? Is Tonto digging to China, by way of your favorite hydrangea shrub? Does Grandpaw Bob worry your bouncing BoBo will break his hip when he visits? Are you captive to your hous because Suguar goes nuts when you leave her alone? Does BibBib hate and espise your new boyfriend? If you have a question, Sarah Ferrell would love to listen and analyze the reasons for all your doggy owes, puppy worries and dog misbehavior concerns. Every question is a good question. Pu Poppy on path to perfect canine behavior management. You need this class!

4311.304 Thur, Nov 18 7:00pm-8:30pm
\$17 City and Non-City Resident
Dorothy Hart Community Center Instructor: Sarah Ferrell
Registration begins: 8/25 City 9/2 Non-City

ASHI Pet First Aid

(Ages: 12 yrs to Adult) Will you know what to do when your pet needs help? Your pet depends on you for his or her well-being. Our Pet First Aid course teaches emergency care procedures for cats and dogs and provides tips for keeping your pet happy and healthy too. Among the things you will learn are; How to approach a sick or injured animal; administering medications; recognizing an emergency; performing CPR and first aid; treating common problems and emergencies requiring immediate attention; and what to stock in a pet first aid kit.

4814.304 Sat, Oct 11 9:30am-1:30pm
4814.305 Sat, Nov 8 9:30am-1:30pm
4814.306 Sat, Dec 20 9:30am-1:30pm
1 Session each at the Dorothy Hart Community Center
\$35 City, \$40 Non-City Resident Instructor: Tim Carpenter
Registration begins: 8/25 City 9/2 Non-City

Horseback Riding Beginners Plus

(Ages: 7 yrs to Adult)
This class is for beginners who have some exposure to horses and a basic understanding of tacking & communicating aids. Register early, class size is limited to 6 riders!

4351.123 Sun, Sep 7 - Sep 28 11:00am-12:00pm
4351.124 Sun, Oct 5 - Oct 26 11:00am-12:00pm
4351.125 Sun, Nov 2 - Nov 23 11:00am-12:00pm
4351.305 Sun, Dec 21 - Jan 11 11:00am-12:00pm
4 Week Sessions each (No class 11/25)
\$120 City, \$140 Non-City Resident
Instructor: Judy Watson
Registration begins: 8/25 City 9/2 Non-City

NOTE: All Horseback Riding classes are held at the lovely White Buffalo Horse Farm in Orange Co. (just off Rt. 20 near Locust Grove).

Horseback Riding - Adults

(Ages: 13 yrs to Adult)
This exciting program is designed for anyone who is interested in learning to ride. You don't need a horse, or special equipment, just a desire to learn and a love of horses. This is a hands on, get in the saddle class that will cover such topics as Novice Horse Safety, Beginning Ground Training, Grooming, Tacking (understanding variety of horse equipment) as well as Beginner Riding Skills. A great start for you horse lovers who want to try this beautiful sport. Register early, class size is limited to 6 riders!

4351.120 Sun, Sep 7 - Sep 28 3:30pm-4:30pm
4351.121 Sun, Oct 5 - Oct 26 3:30pm-4:30pm
4351.122 Sun, Nov 2 - Nov 23 3:30pm-4:30pm
4351.312 Sun, Nov 30 - Dec 21 3:30pm-4:30pm

4 Week Sessions each
\$120 City, \$140 Non-City Resident
White Buffalo Horse Farm
Instructor: Judy Watson
Registration begins: 8/25 City 9/2 Non-City